



# 31st OTASA Congress The University of Pretoria 4 - 6 July 2007

## OTASA CONGRESS 2007

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## Chairperson's Welcome



**Wilma van der Walt**  
B. Arb. Hons. (Pret)

### OCCUPATIONAL THERAPY DEFINED

The World Federation of Occupational Therapists (WFOT) defines Occupational Therapy as:

"Occupational Therapy is assessment and treatment through the specific use of selected activity. This is designed by the Occupational Therapist and undertaken by those who are temporarily or permanently disabled by physical or mental illness, by social or developmental problems. The purpose is to prevent disability, improve health and to fulfil the person's needs by achieving optimum function and independence in work, social and domestic environment."

Man, health and modern living are complex affairs, which are aggravated by ill health, and more so since the effects of ill health range from the simple to the catastrophic. Given today's vast storehouse of knowledge and skills in health matters there are many professional and technical services that contribute to all forms and levels of health care. Occupational therapists appreciate the notions of cooperation and of being a contributing member in respect of total health care.

### THE OTASA CONGRESS

The Occupational Therapy Association of South Africa (OTASA) is hosting the 31st Congress in Pretoria from 4 to 6 July 2007.

The theme is "Making It Happen Together Unlocking the Power of Diversity."

While "Making It Happen" conjures up a change of an existing state, "Together" means walking the way, towards change, with others. "Making It Happen Together" means looking beyond the usual and familiar to find others with whom we can join hands to augment activity participation.

"Let us celebrate the power of diversity.  
Let us demonstrate how differences can enhance practice.  
Let us discover new ways of sharing across borders.  
Let us feel the excitement of venturing into the unknown.  
Let us explore the great variety of others who can help us make it happen together."

## Letter from the Presidency



The Office on the Status of Disabled Persons in the Presidency would like to pledge their support for the 31st OTASA Congress to be held in July 2007 at the University of Pretoria.

The programme's focus on diversity, as well as employment and integration of Persons with Disabilities into society is in line with Government's focus on human rights, mainstreaming and economic empowerment.

We trust the initiative will support and develop this important field.

Yours Faithfully

Benny Palime  
Director, OSDP, Presidency



# DAY I

## Wednesday, 4 July 2007

### SESSION 1

08:00 - 08:45	REGISTRATION	
08:45 - 08:55	Welcome to the University of Pretoria: Prof Mogotlane, Vice Rector	
08:55 - 09:15	Making it happen together: Unlocking human potential: Wilma van der Walt – Congress Chairperson	
09:15 - 09:20	Discussant	Introducing key note speaker
09:20 - 09:40	Mr Enoch Gxwala (Development Bank of Southern Africa)	Diversity: The power to create synergy in a complex world
09:40 - 09:45	Respondent 1	Response to key note address
09:45 - 09:50	Respondent 2	Response to key note address
09:50 - 09:55	Respondent 3	Response to key note address
09:55 - 10:15	Discussant	Questions, comments and discussions from the floor
		TEA

### SESSION 2: PARALLEL SESSIONS

	PARALLEL SESSION: Participation in the area of work Chair:		PARALLEL SESSION: Sharing across borders Chair:	
Time	Speaker	Title	Speaker	Title
11:00 - 11:15	Van Niekerk L	Participation or restriction. Clusters of influence that promote or hinder work	Mogotso M, Franzsen D	Identified risk factors and musculoskeletal disorders in a health care corporate environment
11:15 - 11:30	Cozzi N, Dunstone J, Gleaser B, Strydom N, Vice N	Turning the tide on employment of people with disabilities: Putting our money where our mouth is	Hough R et al	Guidelines prescribed by general practitioners to patients with acute low back pain
11:30 - 12:00	Discussant	Questions, comments and discussions from the floor	Discussant	Questions, comments and discussions from the floor
	LUNCH			

### SESSION 3: PARALLEL SESSIONS

	PARALLEL SESSION: Enhancing the mental health of our clients		PARALLEL SESSION: Enhancing the physical health of our clients	
Time	Speaker	Title	Speaker	Title
13:40 - 13:55	Lesunyane RA	Role performance of psychiatric clients in the community	Botha C	The use of a risk profile card system in the management of neurologically impaired patients
13:55 - 14:10	Duncan M, et al	Just existing ... just existing: Isihosa women surviving the double shock of chronic poverty and psychiatric disability	Dreijer du Plessis C, Franzen D, Tikly M	The effects of a comprehensive occupational therapy intervention programme in the occupational performance of people with people With Rheumatoid arthritis.
14:10 - 14:25	Crouch R	The "A-Team": A retrospective study of 14 years of occupational group therapy with clients with substance-use	Cantzier K & Coles L	Living with Rheumatoid Arthritis
14:25 - 14:50	Cloete L	The occupations of rural women who are at risk of having children with fetal alcohol syndrome	Sing A, Birkhead S	The energy expenditure used in personal management tasks by people with multiple sclerosis
14:50 - 15:15	Discussant	Questions, comments and discussions from the floor	Discussant	Questions, comments and discussions from the floor
	REFRESHMENTS			

### SESSION 4

Time	Speaker	Title
15:30 - 15:45	Van der Merwe T, Visagie J, Van Heerden SM	Venturing beyond and empirical (read "Positivist") research paradigm: Taking a journey to the "other side"
15:45 - 16:00	Grobler L	"Zooming out"
16:00 - 16:15	Van Schalkwyk L, Du Toit S	Embracing research – Making it happen together
16:15 - 16:30	Bergh A	"The other side" and Ethics Committees
16:30 - 16:35	Respondent 1	Response to the above papers
16:35 - 16:40	Respondent 2	Response to the above papers
16:40 - 16:50	Discussant	Questions, comments and discussions from the floor
16:50 - 17:00	SUMMARY OF THE DAY	

### Evening Session: Albie Sachs Award



# DAY 2

## Thursday, 5 July 2007

### SESSION 1: PARTNERSHIPS

08:45 - 9:00	Discussant	Introducing speaker
09:00 - 9:20	Kitty Uys	Together today determines tomorrow
09:20 - 09:35	Ebrahim-Abbas F	Partnership across sectors: the development of a sustainable model for the management of seating services and the delivery of mobility and assistive devices in the Western Cape Province.
09:35 - 09:50	Wundrum K	The nuts and bolts of an interdisciplinary team: Lessons learned from eight years of experience.
09:50 - 09:55	Respondent 1	Response to key note address
09:55 - 10:00	Respondent 2	Response to key note address
10:00 - 10:30	Discussant	Questions, comments and discussions from the floor
10:30	TEA	

### SESSION 2: PARALLEL SESSIONS

	PARALLEL SESSION: Diversity in intervention		PARALLEL SESSION: Joint efforts in training	
Time	Speaker	Title	Speaker	Title
11:00	De Villiers, N Fannin S, Struwig R, Meintjies N,	The effect of seating on therapy balls versus chairs on postural control and writing skills in grade 1 children	Lorenzo T	Service Learning in OT: Making a difference at an organisational level
11:15	Russell DC	Home based early intervention can be fun!	Casteleijn D, Wenhold F, Mostert K	Reflection on collaboration in academic service learning in the School of Health Care Sciences, University of Pretoria
11:30	Herold M	The computer as an assistive device for participation in mainstream life.	Van Velze C	The Hand Therapy Tutor: An innovative way to teach hand therapy
11:45	Jorge (Jardim) Jacqui et al	A Pilot study to determine the effect of Snoezelen on caucasian children with ADHD.	Rudman E	Developing an interactive CD as a teaching aid For biomechanics
12:00	Von Romburgh JA	Group therapy vs individual therapy for grade 1 learners with visual perceptual problems from Heidedal.	Casteleijn D, Kotze M	E-Learning in a first year core module in Occupational Therapy
12:15 - 12:40	Discussant	Questions, comments and discussions from the floor	Discussant	Questions, comments and discussions from the floor
12:40	LUNCH			

### SESSION 3: PARALLEL SESSIONS

	PARALLEL SESSION: Diversity in intervention (continue)		PARALLEL SESSION: Common goals of OT's and OTA's/OTT's	
Time	Speaker	Title	Speaker	Title
14:00 - 14:15	Conning R, Jooste E, Wathen S, Webb S, Zuma D	School-based occupational therapy group for mutual benefit and sustainability.	Ramodike V	Evaluation of the Skills training Programme of the Occupational Therapy Assistant Course at the former Technikon Northern Gauteng' currently Tshwane University of Technology.
14:15 - 14:30	Nel L, Van der Westhuyzen C	Occupational Therapy as driving force in developing a school-to-work transition service in the South African context	Kutumela M	An ADL programme for children with Mental Retardation
14:30 - 14:45	Smit W	The implication of correct acquisition of letter formation for the educator and the occupational therapist	Bara	OTA as an important member of the team at Baragwanath Hospital
14:45 - 15:00	Van Rooyen A	Teamwork as an indicator for successful integration of a child with Erbs Palsy	Discussant	Questions, comments and discussions from the floor
15:00 - 15:15	TBC	TBC		
15:15 - 15:40	Discussant	Questions, comments and discussions from the floor		
15:40	REFRESHMENTS			

# DAY 2 (continue)

## Thursday, 5 July 2007

### SESSION 4: POSTER SESSION

Time	Speaker	Title
16:00	Leischman A, Singh A, Omar S, Farmer H	OT in learnerships for disabled people
16:10	Fontemel I, Du Toit S	Occupational therapy services delivery supported by volunteers making it happen together.
16:20	Holland K	Specialist registration in occupational therapy in South Africa. It is an option?
16:30	Adams F	Enhancing the potential of parent support groups
16:40	Eggers A, Exner B, Lane M, Francis J, Cooke J, Fouche L	Problem-based learning: Students' perception on factors contributing to an effectively functioning group
16:50	Zango Martin I, Ulla Diez Sara (changed paper to poster)	Analysis of the occupational performance (Discharge) of the women affected by the HIV/AIDS in a rural area of Burkina Faso
17:00 - 17:30	Discussant	Questions, comments and discussions from the floor

### 19:00 Vona Du Toit Lecture

## DAY 3

### Friday, 6 July 2007

### SESSION 1: OUR ROOTS

08:45 - 09:00	Discussant	Introducing speaker
09:00 - 09:20	E Holsten	Explore Dream Discover "Occupation" from a South African Perspective: A Fascinating Journey
09:20 - 09:35	Van der Merwe JC	The relevance of occupational therapy for philosophy
09:35 - 09:50	Ramukumba A, Alnervik A	The practice of occupational therapy across international borders
09:50 - 09:55	Respondent 1	Response to key note address
09:55 - 10:00	Respondent 2	Response to key note address
10:00 - 10:30	Discussant	Questions, comments and discussions from the floor
10:30	TEA	

### SESSION 2: PARALLEL SESSIONS

	PARALLEL SESSION: Negotiating outcomes in occupational therapy		PARALLEL SESSION: The new generation of occupational therapists	
Time	Speaker	Title	Speaker	Title
11:00 - 11:15	Loubser H	The outcomes arena in Health Care	Meyer C	Challenges facing occupational therapists in Africa
11:15 - 11:30	Hofmann T	Functional work assessments as part of occupational health in the mining industry	Joubert RWE	The Focus and Emphasis (FAE) Model in Occupational Therapy: a tool for strategic planning and curriculum revision
11:30 - 11:45	Gurayah T, Govender N, Jonck F	The development of the work ability screening profile (WASP) II	De Witt P, Franzsen D	Occupational Therapy terminology and a framework for clinical application
11:45 - 12:00	Casteleijn D	Evidence of outcomes in mental health practices	Graham M	Problem-based learning: where to now?
12:00 - 12:15	Kotze C, Du Toit S	A South African perspective on the international classification of function, disability and health	Van Vuuren S, Nel M	Perspectives on multi-professional education (MPE) in the Faculty of Health Sciences, University of the Free State (UFS)
12:15 - 12:40	Discussant	Questions, comments and discussions from the floor	Discussant	Questions, comments and discussions from the floor
12:40	LUNCH			

# DAY 3 (continue)

## Friday, 6 July 2007

### SESSION 3: EXPLORING DIVERSITY

Time	Speaker	Title
14:00 - 14:15	Best R, Pitout H	A review of the core characteristics of a newly qualified occupational therapist.
14:15 - 14:30	Buys, T	Professional Competencies of occupational therapists delivering work practice services
14:30 - 14:45	Franzsen D, Teixeira L, Honnet S, Marcos E	Dexterity in health profession students, does it affect possible career choices?
14:45 - 15:00	Schorn-Janse van Rensburg M	HIV/AIDS workplace wellness programmes: What about occupational therapy?
15:00 - 15:15	Cohavy D	Consumers of Mental Health Participation in OTR Research Project
15:15 - 15:40	Discussant	Questions, comments and discussions from the floor

15:40 -16:00 Reflection and Closure

16:00 Collection of CPU certificates

### WORKSHOPS

Thursday: 5 July 2007				
	Workshop A	Workshop B	Workshop C	Workshop D
11:00 - 12:40 Runs concurrently with oral presentation Session2	Low tech therapy for high tech results <b>Van Velze C</b>	Focus group training (Max 8 persons) <b>De Beer M</b>	MODAPTS Workshop <b>Buys T</b>	Games workshop Weskoppies
14:00 - 15:40 Runs concurrently with oral presentation Session3	Occupational group therapy: It is time to change our perspective of group-work in occupational Therapy <b>Crouch R, Fouché L</b>	OT roles and orientation towards the sensory matter workshop <b>Des Rosiers F, Jorge J</b>	Establishing a coherent professional cohort with the focus on professional practice for occupational therapy in SA <b>Smit N</b>	Fostering relationships in the OT Department <b>Balbadhur R</b>

Friday: 6 July 2007				
	Workshop I	Workshop J	Workshop K	Workshop L
11:00 - 12:40 Runs concurrently with oral presentation Session2	Combatting compassion fatigue, practical strategies workshop <b>Alers V</b>	Computer Technology and OT/OTA <b>Kotze M</b>	Information retrieval for OT's <b>Steyn C</b>	Practical Time Management
14:00 - 15:40 Runs concurrently with oral presentation Session3		Workshop M Focus group training (Repetition) <b>De Beer M</b>	Workshop N Improving accessibility at the campuses of the University of Pretoria - 5 years later workshop <b>Du Plessis AM</b>	Workshop O Writing for publication <b>Crouch R</b>

# Delegate Registration Form

## OTASA CONGRESS 2007

Fax to: 011 482-1009 or 011 482-2543 (International +27 11 482-2543)

E-mail: otasacongress2007@classicevents.co.za

Post to: P. O. Box 291765 Melville 2109, Queries: Classic Exhibitions & Conferences c.c.

Tel: 011 482-1000

Fax: 086-514-5412

Name: \_\_\_\_\_ Title: \_\_\_\_\_

Name to be printed on Name Badge: \_\_\_\_\_ Job Title / Category: \_\_\_\_\_

Institution / Practice / Organisation: \_\_\_\_\_

Postal Address: \_\_\_\_\_

Postal Code: \_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_ Cell: \_\_\_\_\_

E-mail: \_\_\_\_\_ Skype: \_\_\_\_\_

HPCSA number: \_\_\_\_\_ OTASA membership number: \_\_\_\_\_

Dietary requirements: Vegetarian / Halaal / Kosher / Other: \_\_\_\_\_

Any special needs? eg: Guide dog \_\_\_\_\_

Submitted by: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Yes, I would like to join OTASA now for R550-00 per annum and save on the congress package and receive all OTASA Membership benefits. Please send me the application forms.

Note: All prices include 14% Vat, a tax invoice will be posted to you on receipt of your registration form.

Tick Block	Delegate Category	Full Cost	Early Bird Discount (If paid by 15 May 2007)
	Full 3 days package OTASA Members	R2500-00	R2000-00
	Full 3 days package non OTASA Member	R2750-00	R2500-00
	Full 3 days package OTASA Member OTA	R2000-00	R1800-00
	Full 3 days package non OTASA Member OTA	R2300-00	R2000-00
	Full 3 days package OTASA Member Student	R1800-00	R1500-00
	Full 3 days package non OTASA Member Student	R2000-00	R1800-00
	Day Session OTASA Member	R750-00	
	Day Session non OTASA Member	R900-00	
	Half Day Session (no lunch) OTASA Member	R400-00	
	Half Day Session (no lunch) non OTASA Member	R500-00	
	Justice Albie Sachs Awards Cocktail 19h00 4 July	No charge	
	Vona du Toit Memorial Lecture & Dinner 19h00 5 July	R150-00	

Workshops							
Tick Block	Date	Time	Workshop	Tick Block	Date	Time	Workshop
	Thursday, 5 July 2007	11:00 - 12:40	Workshop A		Thursday, 5 July 2007	14:00 - 15:40	Workshop I
	Thursday, 5 July 2007	11:00 - 12:40	Workshop B		Thursday, 5 July 2007	14:00 - 15:40	Workshop J
	Thursday, 5 July 2007	11:00 - 12:40	Workshop C		Thursday, 5 July 2007	14:00 - 15:40	Workshop K
	Thursday, 5 July 2007	11:00 - 12:40	Workshop D		Thursday, 5 July 2007	14:00 - 15:40	Workshop L
	Friday, 6 July 2007	11:00 - 12:40	Workshop E		Friday, 6 July 2007	14:00 - 15:40	Workshop I (cont.)
	Friday, 6 July 2007	11:00 - 12:40	Workshop F		Friday, 6 July 2007	14:00 - 15:40	Workshop M
	Friday, 6 July 2007	11:00 - 12:40	Workshop G		Friday, 6 July 2007	14:00 - 15:40	Workshop N
	Friday, 6 July 2007	11:00 - 12:40	Workshop H		Friday, 6 July 2007	14:00 - 15:40	Workshop O

### Payment:

All payments should be made either by electronic payment, direct deposit or cheque via post (cheque payment via post before 11 June):

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Branch: Melville Code: 006105

Account number: 401-021-858

Swift Code: SBZAJJ Currency ZAR or USD

Please use your initials and sir name or invoice number as your reference.



# Delegate Registration Form

## SESSION OVERVIEW

Day	Tick Block	Session
<b>Wednesday 4 July</b>		
Session 1: 08:45 - 10:15		Welcome, Making it happen together, Diversity: The power to create synergy in a complex world
Session 2: 11:00 - 12:00		Session 2 A: Participation in the area of work
		Session 2 B: Sharing across border
Session 3: 13:40 - 15:15		Session 3 A: Enhancing the mental health of our clients
		Session 3 B: Enhancing the physical health of our clients
Session 4: 15:30 - 17:00		Research OTASA AGM & Justice Albie Sachs Awards evening & cocktail function
<b>Thursday 5 July</b>		
Session 1: 08:45 - 10:30		Partnerships
Session 2: 11:00 - 12:40		Session 2 A: Diversity in intervention
		Session 2 B: Joint efforts in training
Session 3: 14:00 - 15:40		Session 3 A: Diversity in intervention (continued)
		Session 3 B: Common goals of OT's and OTA's / OTT's
Session 4: 16:00 - 17:30 19:00		Poster Session Vona du Toit Memorial Lecture & dinner
		<b>Workshops</b>
Workshop A: 11:00 - 12:40		Low tech therapy for high tech results
Workshop B: 11:00 - 12:40		Focus group training (Max 8 persons)
Workshop C: 11:00 - 12:40		MODAPTS Workshop
Workshop D: 11:00 - 12:40		Games Workshop
Workshop E: 14:00 - 15:40		Occupational group therapy: It is time to change our perspective of group-work in Occupational Therapy
Workshop F: 14:00 - 15:40		OT roles and orientation towards the sensory matter workshop
Workshop G: 14:00 - 15:40		Establishing a coherent professional cohort with the focus on Professional practice for occupational therapy in SA
Workshop H: 14:00 - 15:40		Fostering relationships in the OT Department
<b>Friday 6 July</b>		
Session 1: 08:45 - 10:15		Our Roots
Session 2: 11:00 - 12:40		Session 2 A: Negotiating Outcomes in Occupational Therapy
		Session 2 B: The new generation of Occupational Therapists
Session 3: 14:00 - 16:00		Exploring diversity
		<b>Workshops</b>
Workshop I: 11:00 - 12:40		Combatting compassion fatigue, practical strategies workshop
Workshop J: 11:00 - 12:40		Computer Technology and OT/OTA
Workshop K: 11:00 - 12:40		Information retrieval for OT's
Workshop L: 11:00 - 12:40		Practical Time Management
Workshop I: 14:00 - 15:40		Combatting compassion fatigue, practical strategies workshop (continue)
Workshop M: 14:00 - 15:40		Focus group training (Repetition)
Workshop N: 14:00 - 15:40		Improving accessibility at the campuses of the University of Pretoria - 5 years later Workshop
Workshop O: 14:00 - 15:40		Writing for publication

### General:

A confirmation letter and a tax invoice will be faxed / e-mailed & posted to you upon receipt of your registration form, reserving your seat/s.

An official receipt of your payment will only be provided upon request.

The registration fee includes the daily conference program, conference material, tea and coffee, lunches (if whole day/s) plus free entrance to the Justice Albie Sachs Awards Cocktail Function, we do however still need you to RSVP for this function as we need to know numbers for catering.

Single session or half day bookings do not include lunch but do include refreshment breaks.

Registration fees do not include any travel insurance.

The congress organizers reserve the right to alter the program within reason, change venue, date, and or speakers if circumstances require.

### Cancellation:

A 40% cancellation penalty applies, any cancellations after 4 June will not be refundable but a replacement delegate will be acceptable.

No refunds will be given in the event that the delegate did not show up at the event, but course material, if any, can be sent.

### CPD Points

CPD points will be awarded for all sessions, delegates are requested to register on the CPD Solutions website at [www.cpdolutions.co.za](http://www.cpdolutions.co.za) and after each session, input the code for the particular session you attended via cell phone, you may also simply register for this event via cellphone. After the event a certificate will be sent to you confirming your total CPD points allocation for the OTASA Congress 2007. If you have any queries, please call 011 482-1000.

### Accommodation

For a list of accommodation in the area please see: [www.otasa.org.za/congress2007/accommodation](http://www.otasa.org.za/congress2007/accommodation) and [www.linx.co.za/accommo/provinces/ga39acom.html#Pretoria](http://www.linx.co.za/accommo/provinces/ga39acom.html#Pretoria)

